

# Over-the-Counter (OTC) Drugs

## Eligibility Changes Effective January 1, 2011 for FSA & HSA Accounts



Due to healthcare legislation changes, many over-the-counter (OTC) drugs and medications will no longer be eligible for reimbursement after December 31, 2010, unless accompanied by a prescription under Flexible Spending Accounts (Cafeteria Plans) (FSA) and Health Savings Accounts (HSA).

However, many OTC items will remain eligible for reimbursement. This table details the eligibility for OTC items. Those items which are highlighted will no longer be eligible for reimbursement after December 31, 2010.

This list was compiled by SIGIS (Special Interest Group for IIAS Standards).

Category	Example	Eligibility
Acid Controllers	Pepcid AC, Zantac, Prilosec	Not Eligible
Acne Creams	Clearasil, OXY	Eligible
Allergy & Sinus	Alavert, Benadryl, Claritin, Sudafed	Not Eligible
Antibiotic Products	Bacitracin, Neosporin, triple antibiotic ointment	Not Eligible
Anti-Diarrheals	Imodium, Kaopectate	Not Eligible
Antifungal (Foot)	Lamisil, Lotrimin	Eligible
Anti-Gas	Gas-X, Phazyme	Not Eligible
Anti-Itch & Insect Bite Remedies	Caladryl, Lanacane, Sarna, hydrocortisone	Not Eligible
Antiparasitic Treatments	Nix, Rid, lice treatments	Not Eligible
Antiseptics & wound cleansers	alcohol, peroxide, epsom salt, Betadine, Hibiclens	Eligible
Baby Electrolytes and dehydration	Pedialyte, Enfalyte	Eligible
Baby Rash Ointments & Creams	Desitin, Aveeno Baby	Not Eligible
Baby Teething Pain	Baby Orajel, Anbesol Baby Oral Gel	
Cold Sore Remedies	Abreva, Herpecin, Orajel	Not Eligible
Contraceptives	condoms, female contraceptives	Eligible
Cough, Cold & Flu	Robitussin, Theraflu, Vicks, Halls, Cepacol, Zicam, Cold-Eeze	Not Eligible
Denture Adhesives, Repair, Pain Relief and Cleansers	PoliGrip, Benzodent, Plate Weld, Efferdent	Eligible
Diabetes Testing & Aids	Ascencia, One Touch, Diabetic Tussin, insulin syringes; glucose products	Eligible
Diagnostic Products	thermometers, blood pressure monitors, cholesterol testing	Eligible
Digestive Aids	Lactaid, Lactase, Beano,	Not Eligible
Ear Care	Ear drops, syringes, and ear wax removal; Debrox, Similasin	Eligible
Elastics/Athletic Treatments	ACE, Futuro, elastic bandages, braces, hot/cold therapy, orthopedic supports & rib belts, etc.	Eligible
Eye Care	contact lens care, Visine, Refresh Tears	Eligible

# Over-the-Counter (OTC) Drugs

## Eligibility Changes Effective January 1, 2011 for FSA & HSA Accounts Cont.

Category	Example	Eligibility
Family Planning	pregnancy kits, ovulation kits	Eligible
Feminine Antifungal and Anti-itch	Monistat, Gyne-Lotrimin, Vagisil, Soothing Care	Not Eligible
Fiber Laxatives (bulk forming)	Benefiber, Fibercon, Metamucil (powder or pills)	Eligible
First Aid Burn Remedies	Dermoplast, Solarcaine	Eligible
First Aid Dressings & Supplies	Band Aid, 3M Nexcare, J&J First Aid, non-sport tapes, etc.	Eligible
Foot Care Treatment	corn & callus treatments, wart removers, therapeutic insoles	Eligible
Glucosamine &/or Chondroitin	Osteo-Bi-Flex, Cosamin D, Flex-a-min	Eligible
Hearing Aid/Medical Batteries		Eligible
Hemorrhoidal Preparations	Preparation H, Tucks	Not Eligible
Home Health Care (limited segments)	Ostomy supply products, walking aids, decubitis/pressure relief, enteral/parenteral feeding supplies, patient lifting aids, orthopedic braces/supports, splints & casts, hydrocollators, nebulizers, electrotherapy products, catheters, wound care, wheel chairs	Eligible
Homeopathic Remedies	Boiron and Hyland products	Eligible
Incontinence Protection & Treatment Products	Attends, Depend, GoodNites for juvenile incontinence, Prevail, anti-fungals, Calmoseptine	Eligible
Insulin		Eligible
Laxatives (non-fiber)	Dulcolax, Ex-Lax, Miralax	Not Eligible
Motion Sickness	Dramamine, Sea-band Wristband, Bonine	Not Eligible
Nasal Sprays, Drops & Inhalers	Afrin Spray, Ocean Nasal Spray	Eligible
Oral Remedies or Treatments	saliva substitutes, mouth sore treatments, dental repair, Salivart, Anbesol, Orajel, Dentemp	Eligible
Pain Relief (includes aspirin)	Tylenol, Advil, Midol, Bayer	Not Eligible
Prenatal Vitamins	Stuart Prenatal, Nature's Bounty Prenatal Vitamins	Eligible
Reading glasses and maintenance accessories		Eligible
Respiratory Treatments and Vapor Products	Primatene, Bronkaid, Vicks Vapor Rub, Sudacare	Not Eligible
Skin treatments	Psoriasin, MG217, Dermarest Eczema	Eligible
Sleep Aids & Sedatives	Unisom, Nytol, Sominex	Not Eligible
Smoking Deterrents	Nicoderm, Nicorette	Eligible
Stomach Remedies	Mylanta, Maalox, Tums	Not Eligible