

Health Care Reform

Simplifying Reform - Over-the-Counter Eligibility changes

Health Care Reform was signed into law by President Obama on March 30, 2010

Over-the-Counter (OTC) Eligibility Changes Effective January 1, 2011

Items in gray will no longer be eligible for FSA/HSA/HRA reimbursement after December 31, 2010. This list was compiled by SIGIS (Special Interest Group for IIAS Standards).

Category	Example	Eligibility
Acid Controllors	Pepcid AC, Zantac, Prilosec	Not Eligible
Acne Creams	Clearasil, OXY	Eligible
Allergy & Sinus	Alavert, Benadryl, Claritin, Sudafed	Not Eligible
Antibiotic Products	Bacitracin, Neosporin, triple antibiotic ointment	Not Eligible
Anti-Diarrheals	Imodium, Kaopectate	Not Eligible
Antifungal (Foot)	Lamisil, Lotrimin	Eligible
Anti-Gas	Gax-X, Phazyme	Not Eligible
Anti-Itch & Insect Bite Remedies	Caladryl, Lanacane, Sarna, hydrocortisone	Not Eligible
Antiparasitic Treatments	Nix, Rid, lice treatments	Not Eligible
Antiseptics & wound cleansers	alcohol, peroxide, epsom salt, Betadine, Hibiclens	Eligible
Baby Electrolytes and dehydration	Pedialyte, Enfalyte	Eligible
Baby Rash Ointments & Creams	Desitin, Aveeno Baby	Not Eligible
Baby Teething Pain	Baby Orajel, Anbesol, Baby Oral Gel	Eligible

Category	Example	Eligibility
Cold Sore Remedies	Abreva, Herpecin, Orajel	Not Eligible
Contraceptives	condoms, female contraceptives	Eligible
Cough, Cold & Flu	Robitussin, Theraflu, Vicks, Halls, Cepacol, Zicam, Cold-Eeze	Not Eligible
Denture Adhesives, Repair, Pain Relief and Cleansers	PoliGrip, Benzodent, Plate Weld, Efferdent	Eligible
Diabetes Testing & Aids	Ascencia, One Touch, Diabetic Tussin, insulin syringes; glucose products	Eligible
Diagnostic Products	thermometers, blood pressure monitors, cholesterol testing	Eligible
Digestive Aids	Lactaid, Lactase, Beano	Not Eligible
Ear Care	Ear drops, syringes, and ear wax removal; Debrox, Similasin	Eligible
Elastics/Athletic Treatments	ACE, Futuro, elastic bandages, braces, hot/cold therapy, orthopedic supports & rib belts, etc.	Eligible
Eye Care	contact lens care, Visine, Refresh Tears	Eligible
Family Planning	pregnancy kits, ovulation kits	Eligible
Feminine Antifungal and Anti-itch	Monistat, Gyne-Lotrimin, Vagisil, Soothing Care	Not Eligible
Fiber Laxatives (bulk forming)	Benefiber, Fibercon, Metamucil (powder or pills)	Eligible
First Aid Burn Remedies	Dermoplast, Solarcaine	Eligible
First Aid Dressings & Supplies	Band Aid, 3M Nexcare, J&J First Aid, non-sport tapes, etc.	Eligible
Foot Care Treatment	corn & callus treatments, wart removers, therapeutic insoles	Eligible
Glucosamine &/or Chondroitin	Osteo-Bi-Flex, Cosamin D, Flex-a-min	Eligible
Hearing Aid/Medical Batteries		Eligible
Hemorrhoidal Preparations	Preparation H, Tucks	Not Eligible
Home Health Care (limited segments)	ostomy, walking aids, decubitis/pressure relief, enteral/parenteral feeding supplies, patient lifting aids, orthopedic braces/supports, splints & casts, hydrocollators, nebulizers, electro-therapy products, catheters, wound care, wheel chairs	Eligible

Category	Example	Eligibility
Homeopathic Remedies	Boiron and Hyland products	Eligible
Incontinence Protection & Treatment Products	Attends, Depend, GoodNites for juvenile incontinence, Prevail, anti-fungals, Calmoseptine	Eligible
Insulin		Eligible
Laxatives (non-fiber)	Dulcolax, Ex-Lax, Miralax	Not Eligible
Motion Sickness	Dramamine, Sea-band Wristband, Bonine	Not Eligible
Nasal Sprays, Drops & Inhalers	Afrin Spray, Ocean Nasal Spray	Eligible
Oral Remedies or Treatments	salvia substitutes, mouth sore treatments, dental repair, Salivart, Anbesol, Orajel, Dentemp	Eligible
Pain Relief (includes aspirin)	Tylenol, Advil, Midol, Bayer	Not Eligible
Prenatal Vitamins	Stuart Prenatal, Nature's Bounty Prenatal Vitamins	Eligible
Reading glasses and maintenance accessories		Eligible
Respiratory Treatments and Vapor Products	Primatene, Bronkaid, Vicks Vapor Rub, Sudacare	Not Eligible
Skin treatments	Psoriasin, MG217, Dermarest Eczema	Eligible
Sleep Aids & Sedatives	Unisom, Nytol, Sominex	Not Eligible
Smoking Deterrents	Nicoderm, Nicorette	Eligible
Stomach Remedies	Mylanta, Maalox, Tums	Not Eligible